

# Youth Career Clarity Guide



A simple guide to help you discover what might suit you after school or university

## First Things First

You do not need to have your whole life figured out. Most adults change careers several times. Your first few jobs are as much about finding out what you don't like to do as much as they are about what you do like doing.

## Step 1: Know Yourself

Write down your strengths, interests, favourite subjects, values, and activities you enjoy.

## Step 2: Explore Options

Research careers, attend open days, talk to people, and be curious about different industries.

## Step 3: Think About Your Lifestyle

Do you enjoy working with people, outdoors, solving problems, creating things, or leading others?

## Step 4: Make a Shortlist

Choose three careers or pathways that interest you and list what attracts you to each.

## Step 5: Explore Options

Research careers, attend open days, talk to people, and be curious about different industries

## Step 6: Take One Action This Week

Book a careers conversation, organise work experience, research a course, or speak with someone already doing the job.

## Remember

Your first choice doesn't have to be your forever choice. Progress comes from taking the next step, not having every answer.

## Need Some Help?

A coaching session can help you understand your strengths, explore pathways and build a clear plan for what comes next. Text, whatsapp, DM, email or phone me and we can have a chat about what will work for you.